

Interview with the Fraser Coast Chronicle, Australia (6<sup>th</sup> of October 2009)

**When did you come to the Fraser Coast, Hervey Bay in particular?**

I was invited to Hervey Bay in January of 2009 by the Integrated Development Academy.

**Where have you been working before this?**

I am in the film and music industry as a vocalist, composer, recording and performing artist. I work predominantly in Europe, USA, India, and Japan creating film soundtracks, CDs and performances. The foundation of my work is based on Ancient teachings in sound, music, rhythm, meditation, yoga and indigenous music from various cultures.

Even though I am an Artist, what prompts the development of my courses are life experiences that challenge me to rise to a place of accessing my true heartfelt expression, love and healing. Aside from the application to my musical career, the wisdom of the ancients have opened portals of awareness and proven tools that I can apply. I feel my sole purpose in life is to inspire in any form possible.

There is a saying that goes “Live what you speak... Love as you learn... and there lies the giving in the being”. Some of the difficulties I have faced are no different than anyone else's including healing from accidents, pain, confusion, depression, emotional ups and downs, communication, economic demands and more. I realised as I moved through the waves of life, others were positively effected either by their observation or inquiry. Thus, bodies of teaching developed to provide more for communities.

We can talk about spirituality, however, the bottom line is, whether or not one perceives themselves as spiritual... everyone has a resonating primordial core that is the same, living in the heart that longs for self expression, access to a higher energy and pure love.

We are fundamentally an interdependent species. Everyone beholds the same dream in their heart of peace, understanding, compassion, and truly desire a graceful and open connection with each other. Ah yes and to love and be loved. We all need ways to access awareness and understanding of what inhibits us from experiencing happiness, harmony, day to day life enhancing momentum, heartfelt communication and the simplicity of truth. I feel my works in music and teachings are platforms to access this then inspire others to master their own course of action.

**Do you have any family? If so how old are your children and how many do you have?**

I have no family nor children. My life has been focused on my inner development, and career in film and music.

My lifestyle has not been conducive to having a family as I travel extensively and live in indigenous environments.

**Why did you decide to start up a business here?**

Although I have work established in other parts of the world, I feel what is being offered to the community here is more based on service than business.

At this stage I am conducting courses and performances in cooperation with the Integrated Development Academy which is a local small business enterprise focused upon self development, awareness, and promoting a positive, cooperative community.

I came to experience, the founder, Michael Green, lives his philosophy with inspiration, kindness and dedication to his students and community. We acknowledged this is a kindred way of life and vision. We realised there is profound synergy (synchronised energy) in two forces that complement each other. Co-joined unity greatly magnifies the impact of inspiration, which in turn creates positive life enhancing experiences for all.

**Why did you decide to work in this field?**

My musical interest in ancient cultures started when I was a child. I feel my work has chosen me as it was born from a dream that was waiting to be awakened in my deepest heart. Life is the miracle for this unfolding journey. Along the way, I inspire as I am inspired.

As well as the music, the teachings/courses develop and have evolved as my life has evolved. In that, I have witnessed, the very thing I needed to heal in my life would serve others as well. This is the reward. This is where spirit breathes life into my heart and the hearts of others instilling a sense of expansion, awareness and unity.

**Do you travel with this field of work?**

Yes, globally. My work has taken me on many tours throughout Europe, India, USA, Hawaii, Japan, Indonesia, New Zealand and Australia.

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