

2009 Interview With Charlottemarie

10th of January 2009 compiled by Michael Green

Dear Charlottemarie,

On behalf of the Hervey Bay community I would like to firstly extend our appreciation towards you for deciding to designate our area as one of your destinations for your “Fields Of Joy” tour.

The following series of questions are a composite of some that I have created on behalf of the Integrated Academy plus also others that I have received over the previous week from a couple of friends and colleagues that I felt may like the opportunity to contribute.

We would like to thank you in advance for allocating time during your schedule to address our questions.

Charlottemarie:

Aloha Michael... Mahalo for the invitation.

Q 1). *(from Michael Green of the Integrated Academy):* I am very interested to learn more about the power of sound and how it can be utilised as a modality of healing and transformation. Can you expand on this subject so that more of us may form a deeper understanding?

Charlottemarie: It is very simple. Everything existing from the subtle realm of consciousness to dense physical form has a vibration. Thought has vibration. Sound is a carrier of vibration.

Since childhood I used sound to transform and heal. This was intuitive and very difficult to articulate at that time. Around 12 yrs old I met my first teacher, it was then I realized sound and chant was an ancient applied science of accessing subtle realms, thus considered spiritual. However, it was very practical for me.

Rather than learning how sound is used as a modality of transformation, it is best to experience. This is why I create performances and over time, have been able to articulate and create experiences for others to awaken to their inner abilities and the potency of sound.

I can say this, in a death experience, I saw how consciousness takes form. Healing from an accident, I realized that healing was a transformation of thought waves accessed through a gap in consciousness. I see healing as a transformation of wave patterns from one form to another. Sound is the tool.

What is it we are healing? This is the question...pain, discomfort, suffering, ... to states of joy, harmony, balance... where does one go to experience these states? Meditation... again sound is a carrier of vibration. This is a very vast arena to cover as sound is a means to transform DNA, and genetic coding and a means to communicate with nature and the elements as well as emotional, energetic, mental and physical states. Again, a huge arena, this is why I do performances. They are a journey of experiences that saves a lot of talking.

Q2). *(from Wayne Webster of Yoga Chi Gung):* What other entertainment forms and artists or popular performers are you particularly fond of, and which do you feel may have influenced your own performances and direction, spiritually or otherwise? How has this come about?

Charlottemarie:

Aloha Wayne.

I don't listen to contemporary music. I am moved by listening to Canters, traditional Vedic chanting and African Drumming. The traditional environments I have lived in have been very influential. Music and sound has always been my medicine and spiritual gateway. There is so much music in silence and nature, I am inspired all the time.

What I do in the work has been a solo journey motivated by something inside that has guided me.

Everything has taken shape based on what has to be birthed through me. This is why I feel I am merely



an instrument and the credit goes to an intelligence far more vast than me. The world beat operas, solo performances and recordings have been works over time inspired from meditation, experiences, messages and realizations that get translated into music, stories, poetry, theatre, recordings and scripts. The teachings are a means simply to share what can be articulated and passed on. The music is the transmission.

Q3). (from Michael Green of the Integrated Academy): Which of the many different instruments for creating sound do you feel to be most powerful when utilised for the purpose of healing, upliftment and transformation?

Charlottemarie:

The human voice. You will see in the performance.

Q4). (from Wayne Webster of Yoga Chi Gung): Some particular music and performances seem to strike such an emotional personal chord, that they can often “make the hairs on the back of one's neck stand up” as we so often describe the sensation when experiencing it. What is behind this feeling and has it anything in common with your own performances and objectives?

Charlottemarie:

Varying waves of Vibration affects the vibratory intelligence of the body, the heart, nervous system and energetic fields.

I know when I deeply feel something, others feel it. I don't have objectives when creating works because the force within has a bigger vision, in that series of moments, that speaks through me. When performing works, what the audience experiences is moved by the energy of universal intent through the voice. My intention is to be open to that and hold in my heart that others benefit.

Music is a story of the journey and experiences without words. This is very touching!

Q5). (from Michael Green of the Integrated Academy): Whether it be named as prana, ki, chi or universal life force energy; throughout the world there are various references to the ability of Human Beings to Heal themselves through aligning and connecting with this natural energy. Would you be able to help me clarify what exactly this energy is, where it comes from and how does one best access this universal healing energy?

Charlottemarie:

We are the microcosmic macrocosm. Yoga is the merging of individual intelligence with Supreme Intelligence. Kundalini (life force) is the latent life force within everyone. Humans are designed for enlightenment. More than personalities and ego identities, we consist of the substance and energetic components of the cosmos. When we start identifying as that, things change. Various ancient practices in sound, rhythm, meditation and yoga are a means to transform denser vibratory patterns allowing the flow of prana to move through the channels of our being thus the process of merging happens. All resulting in the easing of pain, dissolution of suffering, or a change in perspective. Again, it is access to the gap or space in consciousness. A lot more can be explained and experienced in the performance and classes.

Q6). (from Michael Green of the Integrated Academy): When the subject of “Transformation” comes up I have personally noticed that it can induce feelings of confusion and trepidation. My personal view is that there is within many of us an inherent fear of change, and this may stem from our subconscious need for safety and security. What does the word transformation mean to you?

Charlottemarie:

Transform- to change in character, form or nature. I call what is commonly termed as transformation,

vibrational alchemy, the process of transforming frequencies and vibratory patterns of energy that have an effect on the mind and states of energy.

Fear of change can possibly be based on an ego identity of the Self. When one starts identifying with their existence as a force of the cosmos, adaptability is much more graceful to change that is inevitable. The key is to experience the Self as a force of the cosmos. Everything we are composed of is from cosmological substance. It is the mind that has created a separation and fear of change... what we should fear is what we have changed to. The journey back is a road not many travel or choose. Those who do, share the story. These days, more are being called to that journey as, we have to change, it is inevitable because we co-exist in the universe.

Then the world will look very very different and be a completely different experience once we accept who we are in our most authentic being. It's beautiful and organic. Not mental or contrived.

What if we experienced pain as a play of physics. What if we experienced spirituality as a play of nature. What if we perceive ourselves as units of life force with the ability to direct our currents of energy and thought into that of pure love... back to source.

Q7). (from Michael Green of the Integrated Academy): I have observed in life that oftentimes through a series of synchronistic occurrences, one thing in life prepares us for the next on a journey towards our full potential. Some people call this destiny or self-actualisation. What are your views on this subject?

Charlottemarie:

Thinking too much can get confusing. What if we are actualized to the fullest potential right this very moment. What if everything was synchronized and congruent with true purpose. We are given life to go realize and live as source. Sometimes that takes a long time... sometimes we have situations and people that challenge us, thus thinking, "this is not synchronistic." This puts an evaluation on something that is natural. We know what to do and what is right. We know in our bodies and higher mind and our divine nature. If we see everything as synchronistic, the journey will be easier, a little less confusing and quicker to the source.

I behold the thought that there is one destiny for everyone. It is how we navigate through the journey that makes it seem different. As one remains present, synchronicity is a way of life without a thought.

Sync – Harmony chronos.-Time.

Synchronicity can be considered as time, space and the harmonious placement of events.

In a state of "presence" Everything is in harmonious movement.

Q8). (from Michael Green of the Integrated Academy): What is your perspective on Spirituality, what are your beliefs regarding the subject of God/First Source/All That Is?

Charlottemarie:

I am that...nothing and the essence of everything.

I really have no beliefs. Everything is spiritual and a spiritual experience.

Q9). (from Michael Green of the Integrated Academy): In recent times there seems to be a new understanding occurring on our planet to how spirituality and science may be able to actually co-exist together in a state of mutual appreciation (e.g. The Secret and What The Bleep). Do you feel that it is possible for humanity to form a synthesis model of belief that incorporates a union of both Science and Religion?

Charlottemarie:

Yes it is possible, it always has beenand this is not new. Ancient traditional practices and indigenous traditions embody science and spirituality in everything. Yogis work with the elements and nature. They don't have words for it. It is lived. To me, sound, science and spirituality co-exist in a constant vibratory continuum on all dimensions.

Science and Religion are another thing as I see traditional Religion as a body of beliefs that keep a community in harmony and moral behavior in check. Religion is just a path toward Spirituality. Science is a means of defining and measuring Spiritual experiences.

Q10). (from Michael Green of the Integrated Academy): While searching through the internet many years ago I found a website www.WingMakers.com that resonated very deeply with me. It consists of a combination of Poetry, Music, Paintings/Graphic Art and Philosophy. I initially was drawn mainly towards the beautiful poetry and it became a strong catalyst towards activating my deeper understanding of self and the spiritual energies that are within me. How does your own work in music and film activate spiritual energies?

Charlottemarie:

The “how” requires a lot of talk. To simply put it, what is born from the creations comes from the source that is bigger than me. My work is keeping the instrument pure and refined on all levels.

Others are inspired and elevated because the source is the same in everyone... the works activate the knowing deep in the core of all. Animals respond, the wind responds, plants respond, ...

I consciously focus on the highest dimensional frequencies to uplift. There is no understanding, there is experience and being one with that.

Q11). (from Ashana Azurya): Have you any music that you have composed that is purposefully designed to achieve specific outcomes e.g. to bring us into the Now, for protection, for inner peace, for relaxation, for connecting us to our authentic nature, to allow the mind to rest while still functioning as a human in this world etc.?

Charlottemarie:

Aloha Ashana!

All of the music is designed to achieve an outcome... all of the above and more in the recordings and performances.

The “Fields of Joy” tour was inspired because it was necessary to have more live accessibility to audiences. It is a solo performance. ...what happens is the experience of the “present” in multi-dimensional harmonics... melodic tones and melodies that activate.

The recordings have wonderful energies yet the live experience gives the full spectrum of light and energy in the voice that touches the soul.

To function as a human in this world is the true spiritual experience. Can we change perspective? When we want peace, we are experiencing conflict... when we want to relax we are experiencing tension... when we want authenticity, we are experiencing illusion... what if we had the perspective that we are peace, and authentic hearts in love. Proclaim it, and the knowing within activates.

Yes, music and sound can transform wave patterns however, it has to stick. This is an all encompassing process using the mind, body, soul, and energies. You have the ability and the source to create any state you want. The human experience, even going to the grocery, becomes a spiritual experience... because we are that!

Q12). (from Michael Green of the Integrated Academy): As part of the teachings of our Academy of Self-Development we have been focusing on identifying our personal fears and limitations and then implementing ways that we may dissolve these fears and limitations so as to truly open up to our full potentials. Do you see this as an important facet of personal growth and do you have any words of advice about this subject?

Charlottemarie:

I don't know about words of advice... I think we can discuss this in the class as it is very involved and it is more effective through an experiential process. Sound is a tool to transform the patterns of all levels

of mind energy. Some of these imprints go back in genetics and soul patterns, in conclusion, it is difficult to wrap the mind around identifying certain modalities of thought and behavior. Even though the mind needs to identify in order to transform, the best approach is to access the field of vibratory patterns, then feel.

Q13). *(from Michael Green of the Integrated Academy)*: At this time in humanity's journey there are many who feel that we are on the verge of something very significant, there seems to be some kind of new era that humanity is making a transition into. Do you also feel this intuitive nudge and if so, what do you feel that it is?

Charlottemarie:

I don't know if anything is significant in the course of events. What if everything is here and now. I simply see the new era is happening now. For humanity to transition, individuals have to transition and that is a moment to moment awareness. Yes, the Myan Calendar is ending... the Kali Yug has ended... earth is changing ... does it all really matter? The earth is always changing. The more sensitive and conscious we become we realize we are dirt, the air, the flowers and we treat everything with reverence and respect. Staying focused on moment to moment, the universe opens up. Our adaptability to change becomes a liberating process. There is a direct connection to who we really are in the scheme of all things. No matter what happens. We are present, we actually live our own prophecy rather than speculate on illusion.

Q14). *(from Michael Green of the Integrated Academy)*: On the subject of world peace, do you feel that there is hope for mankind to overcome our tendency towards warfare and injustice. Do you think that it is possible for us to join together more in a true Brotherhood of Humanity?

Charlottemarie:

Yes, when we come to know ourselves, we will know all. Individuals who waken to the union of the self experiences the union in Humanity. Greater focus on this will balance everything. Every moment is the opportunity. Every individual is the miracle. When we are peace there is no need for hope. Change is within and the vibration is magnificently contagious. Change ourselves first.

Q15). *(from Wayne Webster of Yoga Chi Gung)*: The Oneness University began in Chennai, India and promotes very similar ideas, thoughts and life principles to your own from what I have read of you. They also incorporate especially beautiful music and chants by some very talented and unique musicians in their work. Have you ever been involved with or attended any Oneness University courses or lectures now offered in various countries, or are you intending to do so in the near future?

Charlottemarie:

Yes, I was given a scholarship to attend the 21 day and 10 day intensive over two years ago. My perspectives have not changed because of my experience there. What I got was permission and powerful blessings from Bhagavan and Amma. I must say too, that my other teachers have and still are, in many ways, influenced my journey in profound ways.

Q16). *(from Michael Green of the Integrated Academy)*: In recent times there has been some great innovative work done by people such as Eckhart Tolle and especially Doc Childre of the Institute of HeartMath regarding the importance on all levels (mental, physical and spiritual) of living in the Now and bridging the gap between our Mind and our genuine Heart (thoughts and feelings). How do you feel about this subject?

Charlottemarie:

I am not sure exactly what E. Tolle or Doc Childre teach. I have been fed by teachers and experiences

that have kept me focused on what I need to do.

It's quite simple... We are everything and every aspect of our being has to work in harmony serving in the great quest of enlightenment, joy and happiness. There is a universe in every moment... we are the vibrating cosmos and everything we have, bodies, minds, emotions, hearts, is from one source. So how can we be anything else but that.

To me, separation happens at birth. Life, and all that comes with it, takes us on a journey far away from Source until we wakenthen the journey goes back to the truth of who we are ...love... the cosmic glue that permeates and unifies all existence.

Our minds are the navigational instruments of our heart and spirit...our hearts are the chamber of energetic knowing... our brains, the connection and receptor.... our bodies, the conduits... our souls and spirits, the intelligence... our kundalini, the latent life force that is waiting for us to come home. Surrender is walking through the threshold of our true destiny.

Q17). (from Michael Green of the Integrated Academy): Do you feel that you have a personal mission in life, and if so, what do you feel is your mission?

Charlottemarie:

I think everyone has a mission, it is the same, and it beholds massive importance....that being, enlightenment and immersion in the source of love. The assignment and expression is different for everyone. Some people are doctors, some people are mothers, some people are sweepers.

I am just a chanter sharing my journey home through the gifts and talents I've been given. It is essential to be responsible with the cultivation and refinement of those gifts and to keep a flame in my heart alive to honor my creator and bless humanity in a way that I have been blessed. It's very simple and the same for everyone.

Q18). (from Michael Green of the Integrated Academy): In regards to love, what actually is Love, where does it come from and how does one truly embrace it ☺ ?

Charlottemarie:

Love is big... so in my best efforts, I try to define it... as mentioned above... “Love- the cosmic glue that permeates and unifies all existence.” there is agape-universal love and there is eros- individual love. I notice when I am nothing, I am in love.

Q19). (from Wayne Webster of Yoga Chi Gung): What really convinced you that a small place like Hervey Bay deserved some of your valuable time for a performance and workshop when there were obviously so many more lucrative performance venues on offer around the globe? Why is Hervey Bay so privileged and lucky to have you visit and perform here to so few?

Charlottemarie:

I am lucky! See you soon.

Thankyou Charlottemarie for sharing your time and awareness with us, we look forward to welcoming you in to our friendly little community ☺ and to joining with you on this journey of healing, oneness and joy.

From Heart to Heart in Peace

Namaste

© 2009 Michael Green Integrated Development Academy
www.integratedacademy.com

© 2009 Charlottemarie.com
www.charlottemarie.com



Copyright Information:

You are free to share, distribute, copy and electronically transmit the work

Under the following criterion:

- You must attribute this material as; © 2009 Integrated Development Academy, and © 2009 Charlottemarie.com
- For any reuse or distribution, you must clearly notify the receiving entity the copyright terms of this material



"Your Heart Is Free... Have The Courage To Follow It"